

## **Phase Two Guidance** **Coronavirus 2019 (COVID-19): Guidance for Apartments, Cooperatives, and Condominiums**

This document is intended for owners and operators of apartment buildings and condominiums/co-ops during Phase Two. Please note this document is not applicable to facilities that provide healthcare services. **The owners and operators of apartment and condominium residences should implement the following measures to help reduce the risk of COVID-19 transmission amongst employees, tenants, and the community.** For additional information, see <https://coronavirus.dc.gov/phasetwo>.

Please note that any building employees or contractors experiencing symptoms of COVID-19, or who was recently exposed to someone diagnosed with COVID-19, should not report to work due to the risk of exposing others. Symptoms of COVID-19 may include: fever (subjective or 100.4 degrees Fahrenheit), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or otherwise feeling unwell.

### **Employees, Tenants, and Visitors Should Practice Everyday Prevention Measures**

- **Stay at home if you are feeling unwell or if you were recently exposed to someone with COVID-19.**
- Practice social distancing. Keep 6 feet of distance between you and other people who are not in your household.
- Avoid physical contact (handshakes, high-fives) with other people.
- Wear a cloth face covering when around other people in a public space. A cloth face covering is not a substitute for physical distancing.
  - If respirators or facemasks are required for an employee's regular job tasks, those items should still be worn. Respirators without valves are recommended to prevent the spread of COVID-19.
- Perform frequent hand hygiene (with soap and water or alcohol-based hand sanitizer).
  - Key times to perform hand hygiene include
    - Before eating food,
    - After using the toilet,
    - Before and after putting on, touching, or removing cloth face coverings,
    - Before and after work shifts and work breaks,
    - Before and after services to each guest or resident,
    - After handling guest or resident belongings, and
    - After blowing your nose, coughing, or sneezing.
- For additional guidance for older adults and individuals with chronic health conditions, see <https://coronavirus.dc.gov/healthguidance>.

### **Considerations for Building Owners and Operators**

#### **Employee Considerations**

- Provide staff with cloth face coverings and appropriate personal protective equipment (e.g., masks, gloves) per their job responsibilities. Gloves should be worn as indicated per routine job responsibilities.
- Stagger employee break times as much as possible to maintain social distancing.
- Implement employee leave policies that are flexible and non-punitive, and allow sick employees to stay home. Leave policies should also account for employees who need to stay home with their children if there are school or childcare closures, or to care for sick family members.

- Let employees know what leave is available under local and federal law.

### **Building Considerations**

- Provide supplies to allow for frequent hand hygiene (e.g., soap and water or alcohol-based hand sanitizers with at least 60% alcohol). Ensure hand hygiene products are accessible in employee and tenant areas (e.g., front desk, lobby, work stations, activity rooms, exercise rooms, other common areas, etc.).
- Provide supplies to allow for cleaning and disinfection in shared spaces.
- Common areas such as lobbies, courtyards, and rooftops may be open. Develop a plan for in-unit emergency service requests that minimizes the physical proximity between tenants and service providers.
- Develop an access control plan that reduces elevator capacity burdens by limiting passengers to 4 people or one household at one time.
- Utilize virtual tours for real estate showings as much as possible.
- Implement payment via digital platforms, as much as possible (e.g., online rent payment).
- Display signage that encourages appropriate use of face coverings, social distancing, and hand hygiene throughout the facility.
- For buildings that support individuals who may be at risk of more severe illness with COVID-19 (such as older adults or those with chronic health conditions), consider more stringent restrictions in common areas and group events such as restricting group sizes to 10 or waiting to allow use until later phases.
- Educate employees, tenants, owners, and visitors about COVID-19. Use platforms such as email, websites, newsletters, signage, and flyers to communicate messages. Refer to <https://coronavirus.dc.gov/> for more information about COVID-19.
- **For residences that offer in-house services (e.g., gym and fitness, retail, entertainment, or transportation),** see additional guidance specific to these areas at <https://coronavirus.dc.gov/phasetwo>.

### **Pools**

- If there is a pool, allow access to residents only, with social distancing policies in place while people are swimming and on the pool deck area.
- The building must facilitate entry for prescheduled and unannounced inspections of the pool area by DOH or DCRA so that an inspection may be performed;
- Prominently post at the pool area the name and contact information of the person responsible for ensuring safety provisions.
- A written plan must be available to address implementation of guidance as provided by DC government.
- The building should be prepared for emergency pool closure order or other restrictions that may need to be enforced by DC Health.

### **Avoid Close Contact and Reduce Touchpoints**

- Arrange lobbies, meeting areas, office spaces, break rooms, and other common areas including pool decks or business centers) to ensure at least 6 feet of distance between persons. This may require removing chairs, increasing the distance between tables and chairs, or installing transparent shields or other physical barriers where social distancing is not an option (such as at a front desk).
- Use visual cues to help prevent congregating in areas such as lobbies or front desks.
- Remove reusable high touch items that are not able to be cleaned or disinfected (e.g., magazines, newspapers, brochures) from common areas in the facility.
- Limit non-essential group activities and events. If offering group activities, implement the following measures to help reduce the risk of COVID-19 spread.

- Prioritize outdoor activities. Outdoor activities are preferred over indoor, however it is important to understand that **interacting with more people in any setting raises your risk**, so it is important to follow social distancing and cloth face covering recommendations.
- Limit the number of attendees not to exceed 50 participants, including staff.
- Provision of food and refreshments is discouraged, but if provided, should be as pre-packaged boxes or bags for each attendee.
- Stagger activities and arrival/departure times.
- Attendees should maintain 6 feet of distance from people from other households, as much as possible.
- Post signage to indicate that individuals should not attend communal activities if they are feeling unwell or have been exposed to someone with COVID-19.

### Screening and Monitoring for Symptoms

- Perform screening (e.g., symptom questionnaires) of employees daily, prior to entering the building, over the phone or in person.
- Encourage and remind employees to remain vigilant for fever and other possible symptoms of COVID-19.
- Encourage tenants and visitors to remain vigilant about monitoring themselves for fever and other possible symptoms of COVID-19.
- Maintain a record of individuals who use the pool or attend any planned activities for at least 30 days.

### Clean and Disinfect

- The facility should have a comprehensive plan for routinely cleaning and disinfecting common spaces and high-touch surface areas (e.g., front desk, lobby areas, activity rooms, exercise rooms, business centers, laundry facilities, shared restrooms, shared kitchens, elevator buttons, door handles, front desk pens, etc.).
- Any shared employee equipment (e.g., phones, computers, carts, etc.) should be cleaned and disinfected between each person's use of it.
- Any shared equipment should be cleaned and disinfected between users, in addition to being arranged according to physical distancing requirements.
- For more information about cleaning and disinfection in a community building and the disinfectants that are effective against the virus that causes COVID-19, see the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>.
- For more information about cleaning and disinfection when a person has COVID-19, see the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>.

### Building Considerations

- If a building was closed for an extended period of time, remember to check HVAC systems and ensure all water systems are safe to use. For more information, see CDC's Guidance for Reopening Buildings after Prolonged Shutdown or Reduced Operation: <https://www.cdc.gov/coronavirus/2019-ncov/php/building-water-system.html>.

### Establish a Plan for COVID-19 Exposure

- A resident being diagnosed in a building is not a risk to the rest of the building, unless they have attended group events or were in common areas while not adhering to social distancing recommendations. This information will be gathered from the individual by the DC Health Contact Trace Team.

- DC Health does not disclose that an individual has been diagnosed with COVID-19 to apartment or condominium building managers unless the individual has been determined to pose a risk to other residents or staff in the building.
- Establish a plan in the event that an employee is diagnosed with COVID-19.
- Identify a point of contact that an employee can notify if they test positive for COVID-19 and choose to disclose this information.
- If an individual develops any of the symptoms above during the work shift, there should be a plan in place for that individual to immediately isolate, notify their supervisor, and leave the facility.
- If an employee chooses to report that they are positive for COVID-19, the facility should have a notification process to share the following with staff:
  - Education about COVID-19, including the signs and symptoms of COVID-19
  - Referral to the Guidance for Contacts of a Person Confirmed to have COVID-19, available at <https://coronavirus.dc.gov/healthguidance>
  - Information on options for COVID-19 testing in the District of Columbia, available at <https://coronavirus.dc.gov/testing>
- If an employee notifies the facility they tested positive for COVID-19 **AND** the employee had extensive contact with co-workers, residents or visitors **OR** if an employee, resident, or visitor notifies the facility they tested positive for COVID-19, then the facility should notify DC Health by emailing [coronavirus@dc.gov](mailto:coronavirus@dc.gov) with the following information:
  - “COVID-19 Consult” in the email subject line
  - Name and direct phone number of the best point of contact at the facility for DC Health to return the call
  - Estimated number of co-workers, residents, or visitors potentially exposed
  - Short summary of incident/situation
- An investigator from DC Health will follow up within 48 hours to all appropriately submitted email inquiries.

The guidelines above will continue to be updated as the outbreak evolves. Please visit <https://coronavirus.dc.gov/> regularly for the most current information.